

## **St. Cloud Area Family YMCA**

**POSITION: Lifeguard**

**YMCA: St. Cloud, MN**

**SUPERVISOR: Aquatics Director**

### **GENERAL FUNCTION:**

Maintains safe swimming conditions in the pool, deck, and surrounding areas. Positively communicates information on YMCA Total Health and other YMCA programs.

### **QUALIFICATIONS:**

**Current lifeguard certification with CPR-PR, AED and First Aid a must.** Ability to maintain certification-level of physical and mental readiness. Possesses mature judgment and sound decision making. Ability to relate to people in a positive, but firm manner. Must be observant, safety conscious and able to react calmly and quickly in an emergency. Ability to effectively communicate information on aquatics and other YMCA total health programs to members and participants.

### **JOB SEGMENTS/RESPONSIBILITIES:**

1. Maintains safe swimming conditions in the pool, on deck and surrounding areas. Prevents accidents by maintaining constant observation of the pool area, enforcing health and safety rules and maintaining emergency readiness.
2. Responds to emergency situations in accordance with YMCA policies and procedures. Completes incident and accident reports as require.
3. Maintains effective relationships with the members, participants and other staff. Develops rapport with members.
4. Conveys basic information on YMCA programs and schedules to member s and, as appropriate, refers members to other Total health programs and/or staff.
5. Attends staff meetings and trainings as scheduled.
6. Maintains records of pool chemical readings, adding chemicals to pool if necessary. Takes pool attendance and maintains related records as required.
7. Performs routine maintenance of the pool and surrounding areas, to ensure cleanliness.
8. Checks pool and rescue equipment and promptly reports any problems.
9. Sets up and store equipment for recreational swims and assist instructors with class set up.

### **EFFECT ON END RESULTS:**

1. Provides a safe environment for patrons to enjoy aquatic programs. Gives consistent clear communication about the rules and regulations set forth by the YMCA regarding pool use. Is able to provide information about other YMCA programs to members and guests as needed.

**Physical & Mental Activity Required**

<i>Activity</i>	<i>Rare</i>	<i>Occasional (25%)</i>	<i>Frequent (50%)</i>	<i>Continual (75%)</i>
Walking			X	
Lifting		X		
Pushing/Pulling		X		
Standing			X	
Sitting			X	
Stooping		X		
Reading / Writing		X		
Driving	X			
Typing/Keyboard	X			

**WORKING ENVIRONMENT**

<i>Activity</i>	<i>Rare</i>	<i>Occasional (25%)</i>	<i>Frequent (50%)</i>	<i>Continual (75%)</i>
Quiet		X		
Noise			X	
Dust/Dirt	X			
Poor Ventilation		X		
Heat		X		
Exposure to Disease		X		
Electrical Hazards	X			
On-Call		X		
Irregular Schedule			X	
Overnight Travel	X			

Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

Executive Director \_\_\_\_\_ Date \_\_\_\_\_