



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HOME SCHOOL PHYSICAL FITNESS/WELLNESS PROGRAM NEW FOUR-WEEK SESSION FORMAT

In each four week session your child will learn the basics of the game or challenge, teamwork and agility skills, all while having fun, networking and getting physical exercise.

PLEASE SEE OTHER SIDE FOR SESSION DATES AND FITNESS PROGRAM.

Rainbow Room childcare is available for younger children, it is \$3 per hour per child.

HOME SCHOOL TEASER
THURSDAY, SEPTEMBER 1ST
CHECK OUT OUR NEW FORMAT!
ENJOY THIS DAY FREE!